

Middlesex Youth Soccer League Rules for 11 v 11 Soccer

During a match, conformance will be with all FIFA Laws of the Game except as otherwise noted:

Law 1 - The Field of Play: Conform to FIFA

Dimensions: The field of play must be rectangular. The length of the touchline must be greater than the length of the goal line.

Length: minimum 100 yards maximum 130 yards

Width: minimum 50 yards maximum 100 yards

Flagposts: Conform to FIFA

Goals: Conform to FIFA

Goals must be placed on the center of each goal line and must have Nets attached. All goals must be secured to the ground.

Proper field markings, regulation corner flags and nets are mandatory and are the responsibility of the HOME team. If one or more of the above conditions are not met, the referee has the power to declare the field unplayable. If a postponement results, the Age Director shall be notified and shall make a decision regarding forfeit or replay.

Law 2 - The Ball: Conform to FIFA

A size five (5) ball will be used for all under-14 and above matches.

Law 3 - Number of Players: Conform to FIFA

A match is played by two teams each consisting of not more than eleven (11) players one of whom is the goalkeeper. A match may not start, or continue, if either team consists of fewer than seven (7) players, including a goalkeeper, who are able to play.

Substitutions: Conform to FIFA except:

a) In all age groups, an unlimited number of players may be substituted. Any substituted player may re-enter the match during subsequent substitutions.

b) All substitutes should enter and leave the field at the halfway line. Players on the field may be replaced by a substitute under one of the following conditions:

- Prior to any throw-in provided that the team in possession of the ball substitutes, and that the substitutes are located properly at the halfway line.
- Prior to a goal kick by either team.
- After a goal by either team.
- At half-time.
- At the time of a caution, the cautioned player may be substituted.

c) Substitutions may only be made with the referee's consent and only if the substitute players are ready to enter the game.

d) An injured player must be replaced if the referee stops the play or calls the coach out for treatment. In such a case, the opposing team may have an equal substitution.

Law 4 - The Player's Equipment: Conform to FIFA except:

Non-uniform clothing is allowed based on weather conditions, but uniforms must still distinguish teams.

The required equipment of a player is:

- a) a jersey or shirt with a unique visible number
- b) shorts
- c) stockings
- d) shin guards
- e) footwear

g) The HOME team must change shirts, or wear pinnies, if both teams are wearing the same or similar (in referee's opinion) color shirts.

h) Shin guards are to be made of a suitable material in order to provide a reasonable degree of protection and must be covered entirely by the stockings during the match.

i) The footwear shall be soft soccer cleats or sneakers.

j) Each goalkeeper shall wear colors that distinguish him/her from the other players and from the referee.

- k) The following articles are not to be worn or allowed during a match:
- jewelry of any type,
 - all casts (even if padded), or
 - any other equipment the referee determines is dangerous to the player or another player.

Law 5 - Referees – Conform to FIFA
Assigned per MYSL administrative rules 27-31

Referees will be allowed to leave the field fifteen minutes after game time if one team cannot field seven (7) players

Law 6 - Assistant Referees (Linesmen) Conform to FIFA

Use U.S.S.F. registered referees or club linesmen/women assigned per MYSL Administrative rule 30.

Law 7 - Duration of the Match

- a) The length of the match shall be determined by the age group:
Under-14 -divided into two (2) equal halves of thirty-five (35) minutes each.
Under-16 -divided into two (2) equal halves of forty (40) minutes each.
Under-18 -divided into two (2) equal halves of forty-five (45) minutes each.
Under-19 -divided into two (2) equal halves of forty-five (45) minutes each.
- b) The half-time interval shall be five (5) minutes.
- c) The allowance for time lost in either period is at the discretion of the referee.
- d) There will be no overtime in regular season matches.

Law 8 - The Start and Restart of Play: Conform to FIFA

Law 9 – The Ball In and Out of Play: Conform to FIFA.

Law 10 – The Method of Scoring: Conform to FIFA.

Law 11 – Offside: Conform to FIFA.

Law 12 – Fouls and Misconduct: Conform to FIFA

Law 13 – Free Kicks: Conform to FIFA

Law 14 – The Penalty Kick: Conform to FIFA

Law 15 – The Throw-In: Conform to FIFA.

Law 16 – The Goal Kick: Conform to FIFA.

Law 17 – The Corner Kick: Conform to FIFA .

